



Lee Kuan Yew Centre for Innovative Cities

cordially invite you to a Brown Bag Lunchtime Talk

Occupational complexity and cognitive ageing: Results from the Australian Longitudinal Study of Ageing



Anna Lane
Research Fellow,
LKYCIC

Date: Wednesday, 28 February 2018
Time: 12.00 pm to 1.00 pm
Venue: Lee Kuan Yew Centre for Innovative Cities, Meeting Room 21
Building 3, Level 2
Singapore University of Technology and Design
8 Somapah Road, Singapore 487372
(see overleaf for map)

Synopsis

Promoting cognitive function and protecting against cognitive impairment and dementia is a population health priority. Some evidence suggests that participation in complex and mentally stimulating activities at work may promote cognitive gains among workers. Whether or not cognitive gains can be maintained over a long period, and possibly well in to retirement, is not well established. In this presentation, research examining the long term protective associations proposed between previous complex occupational tasks and cognitive functioning in later life is reported.

About the Speaker

Dr Anna Lane is a lifespan developmental psychologist and gerontologist with a general research interest that focuses on better understanding the psychological, social and environmental predictors of healthy ageing. Currently, she is a Research Fellow with the Lee Li Ming Programme in Ageing Urbanism at LKYCIC. She is involved in a large scale, multidisciplinary project to examine the role of the built and social neighbourhood environments in shaping health and wellbeing among older Singaporeans, and is evaluating early implementation progress of the dementia-friendly communities concept in Singapore.



SINGAPORE UNIVERSITY OF
TECHNOLOGY AND DESIGN

For more information on the event, please visit <https://lkycic.sutd.edu.sg/>

For enquiries, please email us ✉ lkycic@sutd.edu.sg

**Singapore University of Technology and Design
8 Somapah Road Singapore 487372**



BY TRAIN

Alight at **Upper Changi MRT Station (DT34)** and take Exit B – our campus will be on your left when you exit the station

Alight at **Expo MRT Station (DT35 / CG1)** and walk to our campus - along Changi South Avenue 1 in the direction of Max Pavilion / Somapah Road

BY BUS

Alight at one of the bus stops along Upper Changi Road East and walk to our Campus:

- B96041: Upper Changi Road East, Before Tropicana Condo. Service No: 2, 5, 24
- B96049: Upper Changi Road East, Opposite Tropicana Condo. Service No: 2, 5, 24
- B96449: SUTD - Along Somapah Road. Service No: 20
- B96441: Opposite SUTD - Along Somapah Road. Service No: 20

BY CAR

Turn into Somapah Road via Upper Changi Road East. The entrance is on the left. Carpark charges apply.

[Click here](#) for the map.